

Thursday 3rd		Sundara Schedule 2017						
Venues	Temple of the Heart	Raji Yoga Space	Diamond Tent	Big Lodge	Elemental Earth	Louts Yoga Space	The Yurt	Outdoor space See workshop details
Times				7.30-8.30				
7.00 - 8.00		Shivananda Yoga David Elias	Silent sitting Space	Morning Bhajans Buddhanath & Habiba		Tantra Yoga Ena		
8.00 - 9.00	Breakfast							
8:45 - 9.45	Camp Song around the Fire with Eloise and Morning Meet Up Blessing the Element of Air with Nicole							
10.00 - 12.00	Sound Journey Savitri and Friends		Intoning the Divine Feminine With Petra	Shamanic Journey Chelsea	Dancing the Heart Path Guy Barington	Heart Opening Yoga Janine	Yoga Art Leah	
12.00 - 14.00	Lunch							
13.45 - 14.00	Relaxing Yoga Nidra			Open Mic for Intresting Topics of Disscusion				
14.10 - 15.40	Healing Gong Bath With Bhanu	Caldron Yoga with Sonia	Women's' circle Anjali & Abhijeeta	Breathing is Healing Carole Stagg		Thai Yoga Massage Workshop Jen Collins	Plants and the Chakras Jess	
15.45 - 17.15	Celestial Sound Bath Helen	Full Spectrum yoga Rob Simpson		Creative Calm Ewen	DANCEmandala (ecstatic dance meditation) With Shaaku	Soma Yoga Nicole	Kombucha Making Ester	
17.30 - 18.30	Evening Meal							
19.00 - 20.00				Kids Storytime Josie	Tabla Toms Talents, Poetry with Patrick Open Mic			
20:30 - 22.30	Kirtan with Elahn and Radhe							
22.30 - 23.00	Sharing the day around the fire & bedtime							