

| Thursday 25th |   |                       |                                       |                                  |                                    |                                      |                   |  |           |      |
|---------------|---|-----------------------|---------------------------------------|----------------------------------|------------------------------------|--------------------------------------|-------------------|--|-----------|------|
| VENUES        | Sacred Sound  | Raj Yoga              | Lotus Yoga                            | Large Tipi                       | Fruits of the Forest/Dining /Dance | Elemental Yurt                       | Small Yurt/ Craft | Craft  | Chai Shop | Kids |
| Times         |   |                       |                                       |                                  |                                    |                                      |                   |  |           |      |
| 5:00-7:00     |   |                       | Silent Sitting                        |                                  |                                    |                                      |                   |  |           |      |
| 7:00-8:00     |   | Chelsea               | Georgina Rose Kundalini Yoga          | Bhajans with Habiba & Buddhenath |                                    | Mindfulness Ewen                     |                   |  |           |      |
| 8:00-9:00     |   |                       |                                       |                                  |                                    | <b>Breakfast</b>                     |                   |  |           |      |
| 8:45-10:00    | 8:45 Heart Song around the fire space with Eloise                               |                       |                                       |                                  | 9:15 Morning Meeting               |                                      |                   |  |           |      |
| 10:00-12:00   | Tanya Crystal Bowl Journey  | Veronika Yotism       | Amanda Hamilton Shamanic Yoga         |                                  | Debbie Reynold Shakti Dance        | Petra Moontime Initiation            |                   | Simone Chester Connecting with Natural Objects Art |           |      |
| 12:00-12:40   |   |                       |                                       |                                  |                                    |                                      |                   |  |           |      |
| 12:40-14:00   | Sacred Activism Talk with Vandita   |                       |                                       |                                  |                                    | <b>Lunch</b>                         |                   |  |           |      |
| 13:40-14:05   | Yoga Nidra  |                       |                                       |                                  |                                    |                                      |                   |  |           |      |
| 14:10-15:40   | Helen Keeley Celestial Sound Bath   | Willow Beginners Yoga | Rob Simpson Full Spectrum Yoga        |                                  | Luke Donnelly Sacred Warrior Dance | Timaeon Conflict resolution Workshop |                   | Leah Art and Soul                                  |           |      |
| 15:45-17:15   | Amma Prema Energy Activation and Sacred Sound                                   | Sonia Anubhava Yoga   | Chelsea Self Compassion with Kwan Yin |                                  | Mark Keane Xistdance               | SueLeela Chakra Workout              |                   |  |           |      |
| 17:30-18:55   | <b>Dinner</b>   |                       |                                       |                                  |                                    |                                      |                   |  |           |      |
| 19:00-20:00   | Tom McNair  |                       |                                       |                                  |                                    |                                      |                   |  |           |      |
| 20:30-22:00   | 8.30 - 9.30 Water Blessing with Vandita<br>9.30 - 11.00 Tim Chalice and friends |                       |                                       |                                  |                                    |                                      |                   |  |           |      |
| 22:15         | Sharing the day around the Fire   |                       |                                       |                                  |                                    |                                      |                   |  |           |      |