

| Wednesday 24th | | | | | | | | | | |
|----------------|---|--------------------------------|--------------------------------|----------------------------------|-----------------------|-----------------------|------------------------------|------------|-----------|-----------------|
| VENUES | Sacred Sound | Raj Yoga | Lotus Yoga | Large Tipi | Dining /Dance | Elemental Yurt | Small Yurt/ Craft | Craft Area | Chai Shop | Kids |
| Times | | | | | | | | | | |
| 5:00-7:00 | | | | | | | | | | |
| 7:00-8:00 | | Chelsea Shamanic Yoga | Georgina Rose Kundalini Yoga | Bhajans with Habiba & Buddhenath | | Silent Sitting | | | | |
| 8:00-9:00 | | | | | | | | | | |
| 8:45-10:00 | 8:45 Heart Song | | | 9:15 Morning Meeting | | | | | | |
| 10:00-12:00 | Amma Prema Energy Activation and Sacred Sound | Janine Creative Calm Yoga | Amanda Hamilton Yin Yoga | | Contact Improv Shanti | | | | | Make, Do, Learn |
| 12:00-12:40 | | | | | | | | | | |
| 12:40-14:00 | Lunch and Opening | | | | | | | | | |
| 13:40-14:05 | Yoga Nidra | | | | | | | | | |
| 14:10-15:40 | Patrick Jeffs Sacred Chanting | Willow Beginners Yoga | Nina Byrony Adwick Sattva Yoga | | Anjali Shakti Dance | | Emma Relph Astrology Therapy | | | Craft |
| 15:45-17:15 | Ena & Gammadian Lucid dreaming | Rob Simpson Full Spectrum Yoga | Nicole Soma Yoga | | | Hereward Voice Improv | | | | Sport |
| 17:30-18:55 | Evening Meal - Karma Yoga - Prep or Clear up | | | | | | | | | |
| 19:00-20:00 | Opening Ceremony | | | | | | | | | |
| 20:00-22:30 | Sundara Stars | | | | | | | | | |
| 22:30 | Sharing the day around the Fire | | | | | | | | | |