

Wednesday 21st									
VENUES	Temple of the Heart Sacred sound	Raj Yoga	Lotus Yoga	Big Lodge	Fruits of the Forest Dining /Dance	Elemental Yurt	Small yurt	craft area	chai shop
Times									
5:00-7:00						Silent Sitting Space			
7:00-8:00		Yoga Charlie	Yoga with Kamaraji	Bhajans with Buddenath and Louise	Qii Gong Gill Croft				
8:00-9:00	Breakfast								
8:45-10:00					9:15 Morning meeting				
10:00-12:00	11:11 Activation Awakening the Frequencies Patrick Jeffs	Fear as an ally Ena and Gammadian	Ground of Being Devamurti		Inner world improv Shanti	Meditation into Creative Drawing Leah			Clay With Kids Area Crew
12:00-12:40									
12:30-14:00	Lunch								
13:40-14:05	Yoga Nidra								
14:10-15:40	Crystal Bowls Sound Bath Rebecca	Mindfulness yoga and Meditation Rob Simpson	Massage workshop with Kamarahj			How to let love win Timaeon			Sewing Rajasthani Birds with Suzi
15:45-17-15		Deep Stretch Jamii		Journey Ewen	Somatic Movement Chelsea				
17:30-18:55	Dinner								
19:00-20:00	Opening Ceromony								
20:30 - 22:30	Kirtan with The Sundara Stars								
22:30	Sharing the day around the Fire								