

Thursday 28th								
VENUES	Temple of the Heart Sacred sound	Raj Yoga	Lotus Yoga	Big Lodge	Fruits of the Forest Dining /Dance	Elemental Yurt	Small yurt	craft area
Times								
5:00-7:00								
7:00-8:00		Hatha Yoga David Elias	Ministry of Joy Janine & Ewen	Bhajans with Budenath and Louisa	Chi Gong Shaku	Silent Sitting Space		
8:00-9:00	<b>Breakfast</b>							
9:00-10:00					9:15 Morning meeting			
10:00-12:00	Healing Voice Eloise	11:11 Activation Awakening the Frequencies Patrick Jeffs	Tantra Soul and Subjectivity Devamurti		The Loving Collaborative Tango Corporale			Leather work with Marissa
12:00-12:40	Lunchtime Satsang with Guest Speakers							
12:30-14:00	<b>Lunch</b>							
13:40-14:05	Yoga Nidra							
14:10-15:40	Gong Bath & Meditation Tanya & John	Veronika Yoga	Restorative Yoga Nina Adwick		Biodanza Lit	Yoga Art dropping into flow Leah	Sita Ram Leela Mark Forzani	Spoon carving Simon Walker
15:45-17-15	Helen Keeley Sounding for Peace		Kundalini Yoga Har Nal		Shanti Contact Imrov	Lucy Crisfield Sanskrit Sound		
17:30-18:55	<b>Dinner</b>							
19:00-20:30	<b>Ravi</b>							
21:00 - 23:00	<b>Savitri</b>							
22:30	Sharing the day around the Fire							