

SUNDARA 2023 PROGRAMME

SUNDAY 30TH JULY

	Temple of the Heart Bhakti Space	Raj Yoga	Lotus Yoga	Big Lodge	Fruits of the Forest Dining /Dance	Elemental Yurt	Sky Yurt	Craft Area	Shiva Space	Shakti Space
5:00-7:00	Havan – Our Sacred Fire Ceremony , we would like as many of you to attend as possible. This is an integral part of Sundara									
8:00-9:00	Breakfast									
10:00-12:00	Community Collaborations, Movement, Breath, Sound Co-creating The Miracle of Infinite possibilities, Right here, Right now									
12:00-12:40	Lunchtime Satsang with Guest Speakers									
12:30-14:00	1.45 - 2.15 Closing Ceremony									
14:10-15:40	Tidy up, clean up, pack up and say your goodbyes...for now									

ALL OF THESE LOVELY OFFERINGS ARE SUBJECT TO CHANGE IN FLOW AND EASE